

# T S O

# TRANSPLANT SUPPORT ORGANIZATION



Serving Westchester, Putnam, Dutchess, Bronx Counties and Southern Connecticut  
VOL. 16, ISSUE 5 NOVEMBER / DECEMBER 2011

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### *2011—2012 Meeting Dates*

- 11/16
- 12/5 Holiday Party at Antun's
- 1/18
- 2/15
- 3/21
- 4/18
- 5/16
- 6/20

### *And the Beat Goes On*

After two well attended joint meetings during the summer with the Westchester Medical Center's support group, we anticipate a busy and healthy new year of activities for TSO. Board members met with Columbia Presbyterian's liver transplant program staff and Mt. Sinai's staff to discuss how TSO can provide more support to their patient population, and how they can support our efforts. We look forward to meeting with additional transplant programs in the future. Our fund-raising and advertising committees have come up with some innovative and exciting ideas. Glenda Daggert was invited to join our board. She is an active member of our high school speakers program and is herself a kidney and pancreas recipient.

At our September meeting, Kathy Brown, nurse practitioner and coordinator at the heart transplant program at Westchester Medical Center, gave us insights into heart transplantation. The number one reason for a heart transplant is congestive heart failure. Most recipients are between the ages of 35 to 49 or 50 to 60. Important criteria, aside from medical urgency, is financial ability and psychosocial stability. Persons who receive a transplant are chosen according to size, blood type, and time on the waiting list.

The ischemic time for a heart is 4 hours so distance plays a part in who receives the organ. Unfortunately New York is sadly lacking in donors so the wait time for a heart is sometimes longer than in other areas of the country.

Patricia McDonough, RN, living kidney transplant coordinator at Montefiore, spoke about the new allocation criteria. She told how in the early days there was no formal allocation, the distribution based on relationship and goodwill. If kidneys became available, the New York policy was to keep one and share the other. There was no matching. No brain death criteria. Patients often advertised their need for a kidney. In 1968 the Southeast Organ Donor Network was formed. In 1972 the anatomical gift program described end stage renal disease, which covered kidney disease under Medicare. In 1981 brain damage became the criteria. Now the allocation of kidneys is computer generated with waiting time counted and degree of matching, along with age and blood type. Wait time for a kidney varies greatly by geographical location, with the NY wait time anywhere between 5 to 7 years. A new possibility for the future would be to have the list time starting when dialysis starts.

Transplant Support Organization meetings are held at 7 pm on the third Wednesday of the month (with some exceptions) at Congregation Sons of Israel, 1666 Pleasantville Road, Briarcliff Manor, NY.

**Schedule for monthly meetings**

7:00 – 7:30 PM – Social time

7:30 – 9:00 PM – Meeting and program for the evening.

Our speaker for the November meeting is Christine Sotmary, professional caregiver advocate. She is an author and has worked extensively with caregivers and families. Our topic will be centered around Thanksgiving, gratitude, coping, and dealing with caregiving issues

Please join us for support, information and new friendships.

For directions to our meeting, donor registration form, and further information, please check our website:

**[www.transplantsupport.org](http://www.transplantsupport.org)**

To contact us by mail please write to TSO, 1154 Webster Ave., New Rochelle, NY 10804

We are also on facebook. Check us out for information and updates. You do not have to be a facebook member the access this account.

To all recipients of this newsletter. Please send your email address so we may notify you of any last minute changes to our meetings. If you have changed your address recently please let us know so we can update our records.  
Contact Janet Ocasio at [GKJP@aol.com](mailto:GKJP@aol.com)

**A SPECIAL THANK YOU TO SUZANE SADOFSKY**

Suzane Sadofsky will be stepping down as Secretary of the Board of TSO. We are very happy to announce that Suzane will continue to serve us on the board as a Member at Large. Last spring when we had our board elections, Suzane agreed to continue to serve as Secretary on an interim basis. We are so grateful to Suzane to have continued to help us despite her other obligations and commitments. We are very happy that we will continue to benefit from her leadership, guidance and expertise as she continues her invaluable service to TSO as a board member.

Suzane became TSO Secretary in 2001. She brought her own unique qualities to this position and has served our board with distinction. Suzane holds other positions in the Rotary and the Republican Club. She is a tireless advocate for many issues affecting our communities and has boundless energy. We owe her many thanks for her service and look forward to her continued service to TSO.

The new Secretary of the Board will be Carole Graham who also heads the Membership Committee. We thank Carole for stepping up to this task and offer her our support and assistance to make this a positive transition. We have no doubt that Carole will bring her own unique qualities and her educator's expertise to this position and therefore we have full confidence in her abilities as she steps into this role.

Thank you to both Suzane and Carole.

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**Director Emeritus**

**Karen Farkas**

## *Letter from the Presidents*



Dear Friends of TSO,

In September TSO resumed our monthly meetings at the Congregation Sons of Israel following two very successful summer support group meetings with Westchester Medical Center's Transplant Center. We are very excited about the programs and activities that lay ahead for TSO. For example, we have reached out to various Transplant Centers to introduce TSO and our services and programs. We hope to work cooperatively with all of the transplant centers by offering our services, our newsletter, and other activities which they may find helpful to their transplant patients.

On November 6<sup>th</sup>, we will host a Speaker's Training Program at the Town of Mt. Pleasant Community Center, 125 Lozza Drive, Valhalla, NY from 10 AM to 4 PM.

We have tried to empower our committees to organize and meet to perform a number of tasks from fund raising, to community outreach, membership development, the school program and program development. We are so pleased that these committees are meeting and developing goals and ideas which will promote the relevance and reach of TSO, continue the organ donation mission, and providing education, information, and support to the transplant community, caregivers and friends of transplant. The TSO Board of Directors added a new board member, Glenda Daggert, who comes with much knowledge and experience and whose warmth is felt by all who get to know her.

These are but a few of our undertakings so far. However, as much as we want to note our accomplishments and talk about our goals, this is a time of year which calls us to reflect and to give thanks. Transplant patients know the importance of Thanksgiving in a very personal way. Many of us have survived because of the selfless actions of very brave and caring human beings. We are forever indebted to our donors and donor families and friends. It is this sense of gratitude, this awareness of the fragility of life that gives us the impetus to pay it forward and to reach beyond ourselves. TSO would not exist without the generous hearts of those who have agreed to be active, to participate, to do their best to help. No measure is too small, we exist because we are a community and as a community we work together and contribute whatever we can. You in the transplant community are very unique and blessed individuals. It is indeed a pleasure and an honor to know you and to work with you to promote this mission.

Thank you, TSO is grateful to you,

Thank you

Janet Ocasio and Jeff Graham

TSO Co-Presidents

## *TSO in the News*

### **Serve & Learn: Westchester Remembers 9/11**

TSO participated in the Westchester Volunteer Center of the United Way's answer to a national call to action to rekindle the spirit of unity that followed 9/11. We were one of a gathering of 120 nonprofit organizations and corporations who engaged in a service exposition at the County Center in White Plains, NY. The public was invited to meet representatives from each group with the intent of choosing one or more to commit to doing community service.

The event was well attended and a very successful day for TSO. TSO was well represented by Janet Ocasio, Rudy Masry, Glenda Daggert, Ike Copperman, Carolyn Robinson, Bill Becker, David and Steffany Holt, Hailey Puleo and Jeff and Carole Graham. We had the opportunity to talk to people and explain what TSO does as a support group, for its members, and how we perform community outreach through education and tabling events.



*Rudy Masry*

During the event, we were invited by other groups to speak about organ donation at their meetings. We also signed up at least a dozen people for the NYS Donate Life registry. About a half dozen others signed up to volunteer for TSO. Many others took our brochures and newsletter.



*Jeff Graham, Robert Astorino,  
Janet Ocasio*



*Glenda Daggert*

## *Happy Rebirthday to You*

Charles Rosenberg	Oct-71,	Kidney	Carmen Camacho	Nov-06	Kidney
Jeff Graham	Nov-96	Liver	Regina Kalinowski	Nov-07	Liver
Frank Carbonaro	Nov-98	Liver	Ann Marie Farrell	Dec-82	Kidney
Imelda Arbeely	Nov-99	Kidney	Bob Winters	Dec-89	Kidney
Sandra Brennan	Nov-00	Kidney	Richard Knizeski	Dec-93	Kidney
Mel Kaplan	Nov-02	Kidney	Helen Manz	Dec-97	Liver
Aruna Mansaray	Nov-03	Liver	Janice Powers	Dec-98	Kidney
Ascher Sellner	Nov-03	Liver	Joseph Cannizzaro	Dec-98	Liver
Peter Sarno	Nov-03	Liver	Patricia Davey	Dec-00	Lung
Robin Zencheck	Nov-03	Heart	Jacinth Heyliger	Dec-01	Lung
Sarah Fontanez	Nov-04	Liver	Donna Hogben	Dec-05	Lung
James Dwy	Nov-04	Kidney	Steven Lowy	Dec-06	Kidn/Liver
Debbie Vega	Nov-05	Liver	Thomas LaSorsa	Dec-08	Kidney
Brian Wynne	Nov-06	Kidney	Len Andrew	Dec-10	Kidney
Ali-Jean Christman	Nov-06	Liver			

*Our best wishes to all for many more happy and healthy years to come*

## *Transplant in the News*

### *A Story that Deserves a Better Ending*

LODHUDD.COM, NEW ROCHELLE, NY, SEPT. 15, 2011

Karen Tucker, an English teacher at the New Rochelle High School's alternative Campus School — her kidneys crippled by disease — needed a donor.

Last winter the 47-year-old sent out a mass email to friends and colleagues. Alexi Brock, 42, an art teacher at the high school, read it and thought, "It's going to be me." Both are mothers who had known each other for years. But they weren't yet close friends.

"For her to do that for me was amazing, unselfish and brave," Tucker, who lives in White Plains, said recently. Brock, of New Rochelle, went through the necessary tests and was deemed to be a good match for Tucker. "The doctors said, 'You guys are like long-lost sisters. It'll be great,'" Brock recalled.

In May, Brock and Tucker checked into New York-Presbyterian-Weill Cornell Medical Center in New York City for the transplant operation. Surgeons removed Brock's left kidney through an incision in her belly button and inserted it into Tucker. They left Tucker's kidneys, enlarged with polycystic disease, in place. Everything seemed fine.

But that evening, Tucker's body began rejecting its new organ. Doctors took it out, treated it and put it back in. By morning, Tucker had again rejected it, confounding the doctors at the hospital, where, Brock said, kidney transplants succeed 96 percent of the time. Brock's kidney was removed and discarded. The hospital never figured out what went wrong.

Both women were devastated. "I never thought it wouldn't work," Tucker said. Her disease, which affects one in 500 people, is inherited. It fills the kidneys with cysts, rendering them less and less functional as the years pass.

Tucker was diagnosed when she was 19. Her mother had the disease, too, and received a kidney from Tucker's brother. For the most part, Tucker feels fine, though she tires in the afternoon. Her kidneys are working at 7 percent capacity. Doctor visits and blood tests are routine. She is on a national organ transplant list, but the wait typically lasts years.

Without a new kidney, she will likely have to begin dialysis treatment in three months, requiring lengthy hospital visits several times a week. If she can get an in-home dialysis machine, the sessions could be daily, her blood pumped through the device and cleansed of toxins — work her kidneys would otherwise do.

Tucker said she remains positive by focusing on her family and her work. "Every day I try to act as if nothing's wrong with me," Tucker said. "Like if you don't act sick, you won't be sick." But Tucker is, in fact, sick. When she sent out that email, four out of the 1,500 recipients said they would get tested to see if they matched. Only Brock passed.

The two of them now are hoping someone else will step forward to donate. Their message, in part: It's nothing to fear. Brock said she recovered quickly from the surgery and was back at full strength in two or three weeks. "I'm not a superwoman; I'm not trying to make it sound too easy. But if you could do it for somebody, do it," Brock said.

Tucker offered a simple plea for help. "I'm a mom. I'm a teacher. I know there are people worse off than I am," she said. "If someone wanted to help me, I would really appreciate it."

Anyone interested in donating can contact Tucker at [kitucker721@aol.com](mailto:kitucker721@aol.com).



## *TSO Fund Raising Activities*

Last spring, the TSO Board created a fund-raising committee, chaired by Ike Copperman. Since then, a hard working group of TSO members and board members have met regularly together to discuss fund raising activities. The fund-raising committee consists of Dr. Stephen Lowy, Bill Becker, Pat Tomasulo, and Gerard Marinaccio, as well as all board members. In very short order, we set a goal to raise \$7500 this year.

The Committee discussed a number of ideas to help TSO raise funds for our various activities, including travel expenses, office equipment and supplies, and material for the school outreach program. Subsequently, we've started implementing several of these ideas:

To help increase our membership, we've increased public awareness of TSO through social media. We've added the TSO website, [www.transplantsupport.org](http://www.transplantsupport.org), to Facebook and Twitter.

We've linked TSO to [www.iGive.com](http://www.iGive.com), a buying site for not-for-profits. Now, you can purchase items on-line from your favorite merchants. When you buy through iGive, a portion of your sale will come back to TSO. In fact, we've recently received our first check.

If you're interested in buying products featuring organ, eye, and tissue donation, we're now a part of [www.rockscarlove.com](http://www.rockscarlove.com). TSO members get a discount for the products they buy.

Several members are working on grants, particularly from the pharmaceutical companies. We've received grant money in the past from Astellas, who manufactures Prograf.

We've started discussions on fund-raising events, including an art auction, a bowling night, and a raffle at our annual holiday event in December. We'll have more information on these events as we firm up our plans.

We're also very committed to raise funds for the Scholarship program, matched by our Board member, Len Andrew. One of our events may focus on the Scholarship program.

Fund raising isn't just something for the Committee to discuss. We're counting on every TSO member to help us by using the iGive services or participating in the events. In fact, tell your family and friends to use iGive. And, of course, we always welcome your ideas on fund-raising activities as well.

## *Coordinator's Corner*

### *Protecting Yourself during the Cold and Flu Season*

JENNIFER QUALTER, TRANSPLANT COORDINATOR, WESTCHESTER MEDICAL CENTER

The medications that are given to organ transplant recipients to prevent rejection of the organ also decrease the recipient's ability to fight off infection. With the cold and flu season rapidly approaching, there are many things you can do to decrease the chance of getting an infection. It is advised that transplant recipients get a yearly flu shot as well as pneumonia vaccine every five years. Don't get the intranasal flu vaccine; it's a live virus and can give you the flu. Always check with your transplant center before getting any vaccines.

One of the most important ways to prevent infection is frequent hand washing. Avoid touching your face. Avoid people that are known to have colds. During the first few months after a transplant it is advised to stay out of crowds. This is the time when you would be on your highest dose of immunosuppressant.

If you become ill, see your primary care doctor, especially if your temperature is above 100.5F. Make sure your transplant center is aware of your illness, especially if it involves vomiting and diarrhea. If you are unable to properly digest foods, you probably are not getting your proper doses of anti-rejection medications. You may need to be hospitalized to get your medications intravenously, so you don't damage your transplanted organ.

Check with your transplant team before taking any medications such as antibiotics, over the counter medications, or herbal remedies. These may interfere with your anti-rejection medications and your transplant team will tell you if it is safe to take.

## *Transplant in the News*

### *National Policy Change Reduces Racial Disparity In Kidney Transplants*

8/01/2011

A national transplant policy change designed to give African-American patients greater access to donor kidneys has sliced in half the racial disparities that have long characterized the allocation of life-saving organs, new Johns Hopkins research suggests.

Before 2003, the researchers note, an African-American patient who joined the kidney transplant list on the same day as a white patient would have a 37 percent smaller chance than a white counterpart of getting a transplant. In recent years, the researchers say, that percentage has dropped to 19.

The Hopkins researchers attribute the drop to a 2003 decision by the United Network for Organ Sharing (UNOS) to a change in the relative priority given to tissue matching. "This is probably the biggest step that the transplant community has taken in recent years to reduce disparities in access to kidney transplants for African-Americans and the good news is it worked extremely well," says transplant surgeon Dorry L. Segev, M.D., Ph.D., an associate professor of surgery at the Johns Hopkins University School of Medicine and leader of the study published online in the American Journal of Kidney Diseases. "The bad news is, we still have a ways to go."

From the very beginning of widespread kidney transplants in the United States there has been a racial disparity in who received organs and who died before one became available. A higher proportion of organ donors are white and a higher proportion of those needing kidneys are African-American. Matches across race are traditionally more difficult, as physicians have given priority to different types of immunologic compatibility, including whether the organ and the donor share the same Human Leukocyte Antigens (HLA), proteins on the surface of white blood cells and other tissues in the body that can create organ rejection and other complications. African-Americans and whites typically aren't HLA matches, particularly one subtype known as HLA-B.

"HLA matching was prioritized under the premise that it would improve outcomes," Segev says. "But with advancements in immunosuppressants, HLA matching isn't as important as it once was. If you match by HLA, you might get only slightly better outcomes now. A minimal sacrifice in outcomes has meant a big gain in equity." The study was funded in part by Health Resources and Services Administration.

## *Organ donor advocates aim to expand New York registry*

NEIGHBORHOOD BEAT , MT. KISCO, NY, AUGUST 20TH, 2011 BY SHERRIE DULWORTH

A subject like organ donation can make people squeamish. “Many people shy away from talking about organ donation. People think they will jinx themselves,” said Joseph Acocella Jr., 30, discussing barriers to donation during a recent interview. Acocella, the town clerk in Harrison, N.Y., a town about 20 miles south of Mount Kisco, was hoping for a matching kidney donor. New York state has almost 9,700 people waiting for an organ according to the Organ Procurement and Transplantation Network; so, in a town the size of Mount Kisco, that translates to about eight people. But, the number of people on the transplant waiting list today doesn’t reflect the spectrum of the lives that will be affected in the future: people who will be newly placed on the waiting list; those who will face the decision of whether to donate a family member’s organs; those who will receive a gift of life – often from a complete stranger; and those who will die waiting. In discussing Lauren’s Law, a bill that was proposed this spring designed to increase the New York organ donor registries, Acocella stated, “I believe if people understand the process and how many lives can be saved, more people will make a decision to openly donate. The biggest thing right now is to promote awareness and how one person can make a difference.” Acocella died on Aug. 11, after approximately two years waiting for a donor.

### **Lauren’s Law**

Stony Point, N.Y. – a town across the Hudson River and about the same size as greater Mount Kisco – is home to Lauren Shields, an 11-year-old girl for whom Lauren’s Law is named. Lauren received a heart transplant when she was 9 after her heart became dangerously enlarged following an acute medical condition. The proposed bill would require New York driver’s license applicants to choose whether to enroll in the state organ donor registry, selecting from the options of “yes,” “no,” or “not at this time.” Earlier this year, the bill quickly and unanimously passed in the state Senate; however, encountering controversy in the Assembly about whether the legislation could paradoxically reduce donor registrations, it did not come to the floor for a vote. ‘The primary sticking point is around the “no” option. According to Julia Rivera, director of communications with the New York Organ Donor Network, advocacy groups were concerned that people might check the “no” option in haste, without seriously considering their decision and potentially create the unintended effect of fewer new donor registrations. Discussing the proposed legislation, Assemblyman Robert J. Castelli of District 89, which includes Mount Kisco, said that he sees organ donation as saving lives and he would support the legislation as written, providing it contains “no” option. Castelli said that he prefers optional, rather than mandated, donor questions and referring to people who don’t believe in donation, added, “We don’t want them to feel forced to do something they don’t want to do.” For those needing a transplant, there is sometimes the option to find a live donor, especially for kidneys, but without a willing donor who is a tissue match, people with organ failure must wait for a an organ from a deceased donor to become available. New York ranks as the third lowest U.S. state with only 15 percent of the population registered to donate according to the National Donor Designation Report Card in April from Donate Life America. Speaking of how to increase donor awareness, Castelli said, “Education is the key,” noting other societal changes like having a designated driver or wearing seat belts that have occurred in some part due to public awareness and peer pressure. “We need dialogue in the public forum.”

Discussions are expected to resume regarding Lauren’s Law when the Assembly returns. Meanwhile, efforts to increase the organ donor registries still heavily rely on increasing public awareness through other grass roots efforts, including educational outreach and sharing of personal stories.

### **Grassroots Education**

Jeff Graham worked in the apparel industry in management and marketing for more than two decades then later as an insurance agent. His appearance as a 65-year-old energetic retiree gives no hint of the liver transplant he had 15 years ago for sudden liver failure. Graham is now the co-president of the volunteer and advocacy group, Transplant Support Organization, which serves several New York counties, including Westchester. Graham describes how the organization’s volunteers collaborate with area high schools to deliver a voluntary curriculum on organ donation and transplantation, “We don’t tell students that they should become donors; instead we present the facts and then we encourage them to go home and discuss the matter with their families.” The group has spoken to more

## *Organ donor advocates aim to expand New York registry*

(CONTINUED FROM PAGE 8)

than 58,000 students since starting outreach in 2000, according to Graham. Dawn Marinich has taught health education for 16 years at Fox Lane High School, the public school attended by many Mount Kisco students. Marinich said that Graham's classroom visits help to dispel myths about organ donation and she describes her students' reactions as overwhelmingly favorable. "There's no education before this, they don't know anything about it," said Marinich. "Every time, one or two kids come back and say that they talked to their family." Art Nelson lives in Mount Kisco and teaches health education at Edgemont High School in Scarsdale. Discussing how Graham's visits prompt curiosity, he described, "Students usually bring up the topic of organ donation after the visit and sometimes write about the subject in journal exercises." Nelson shared an amusing personal anecdote about Graham's encouraging students to talk to their family. One evening, his son, then a sophomore at Fox Lane High School, initiated an impromptu discussion about how a 'guy' had visited their class that day and they discussed organ donation; Graham's work coming home.

Talking to families in advance is important since deciding about organ donation in the midst of shock and grief is difficult, especially if they don't know if their relative wanted to be a donor. "The more clearly you can make your wishes known, the better off you are," said Neil Reig, a Mount Kisco health care attorney. Reig advised that people also have a living will, and periodically update written documents, to avoid ambivalence.

### **Two Sides, One Coin**

Growing up in nearby Thornwood, Mary Wu didn't speak openly about her transplant experience for many years. According to Wu, the reasons might have been her age, her Chinese-American heritage or fear that people would see her differently. She doesn't remember having her first transplant when she was only 5, but organ failure had left her with physical complications, including problems walking and the need to wear diapers for urinary incontinence. When her first transplant failed after six years, she explained, "No one in my family was a donor match, so I was placed on a national organ waiting list for two months." Wu's second transplant at age 11 made a major difference. She was freed from the dependence of a wheelchair and the need for diapers, but Wu experienced survivor's guilt. "After I got the second transplant, I couldn't stop thinking about the donor and her family. I felt so thankful that I could live out my teenage years." Seventeen years later, Wu, now 28, works as a chemotherapy scheduler at the Memorial Sloan-Kettering Cancer Center in Sleepy Hollow and receives her nephrology care at the Mount Kisco Medical Group. As an organ donor advocate, Wu radiates poise and confidence as she speaks about her experiences. "Organ transplantation is all about life; people can live on, literally and figuratively," said Wu with passion. "Someone literally saved my life. It's not just my story, it's my family's story; it is my organ donors family's story. This is my testament to my organ donor's family – talking and spreading the word." As Wu notes, deceased donors and recipients are on different sides of the same coin: one dies and, in turn, passes along a chance for life to another.



Deborah DeFrancesco, 48, a resident of the adjacent town of Somers, shares the personal experience that changed her perspective about organ donation, "I was on the fence before that. I don't know if I had signed a donor card." But eight years ago, her son Benjamin, then 3 years old, died in an accident. She had not spoken to the media about it previously but felt this was time to share their story. After reaching the hospital, Ben was put on life support but despite rescue efforts, he had suffered brain death. DeFrancesco and her husband then faced the difficult choice of whether to donate Ben's organs. After meeting a mother who had been through a similar situation, they decided to donate. "It infused the situation with hope," she explained. The couple later had contact with two of the recipients of Ben's organs, a child and an elderly woman. DeFrancesco added, "Despite our situation being such a tragedy, it gave life to others." Asked what advice DeFrancesco would share with those facing a similar decision, she replied, "Think about it in advance and err on the side of hope instead of fear."

# Help Promote Donor Awareness License Plate Frames For Sale

\$ 10.00 each 2 for \$ 18.00 3 for \$ 25.00



LPF 1 Top: Make a Miracle  
Bottom: Be an Organ Donor

LPF 7 Top: Transplantation Works  
Bottom: Lung Recipient

LPF 2 Top: Miracle Maker  
Bottom: Kidney Donor

LPF 8 Top: Transplantation Works  
Bottom: Liver Recipient

LPF 4 Top: Organ / Tissue  
Bottom: Donor Family

LPF 9 Top: Transplantation Works  
Bottom: Heart Recipient

LPF 10 Top: Transplantation Works  
Bottom: Kidney Recipient

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_

Frame(s) desired \_\_\_\_\_

(add \$2.00 for postage and handling)

Send order with payment to: TSO, 1154 Webster Ave. New Rochelle, NY 10804

## Directions to the Monthly Meeting

Congregation Sons of Israel  
1666 Pleasantville Rd.  
Briarcliff Manor, NY

### From New York City, George Washington Bridge

Take Henry Hudson Parkway North to Saw Mill Parkway North. Continue to interchange with Taconic Parkway North. Bear RIGHT onto Taconic Parkway. Exit RIGHT at Route 9A/100. Stay on Route 9A. Make a LEFT at the second traffic light (Chappaqua Road). Road will bear right and become Pleasantville Road. Get into the LEFT turning lane to make a LEFT turn into CSI.

### From Tappan Zee Bridge

Cross bridge, stay to right, follow signs for Saw Mill River Parkway North (Exit 8A) and follow directions above.

### From Long Island, Connecticut, Southern Westchester

Take Cross Westchester Expressway(287) West to Exit 3 (“Sprain Parkway North, New York City, to Taconic Parkway”). Take this exit and continue straight up the ramp to Sprain Parkway North. DO NOT make a quick right, marked to New York City. Follow Parkway North approximately 5 miles to interchange with Taconic Parkway and follow directions above.

### From Upstate New York

Take Taconic Parkway South to Routes 100/133, Briarcliff exit. Cross over Route 100 and follow Route 133 to second traffic light (about 3 miles). Make a left onto Pleasantville Road. Continue approximately one mile to CSI on RIGHT.



# TSO Transplant Support Organization

Participant Application:                      New                      Renewal

Please fill out this form and mail it with your tax-deductible contribution to:  
TSO, 1154 Webster Ave., New Rochelle, NY 10804

NAME(s) \_\_\_\_\_

Mailing Address: \_\_\_\_\_

\_\_\_\_\_

Phone #: Daytime: \_\_\_\_\_ Evening: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

### PERSONAL INFORMATION (optional)

Birthdate: \_\_\_\_\_ Sex: \_\_\_\_\_ Marital Status: \_\_\_\_\_

Occupation: \_\_\_\_\_

### CANDIDATE / RECIPIENT INFORMATION — Please check appropriate description

Transplant Recipient \_\_\_\_\_ Transplant Candidate \_\_\_\_\_ Family Member \_\_\_\_\_

Donor Family Member \_\_\_\_\_ Interested Individual \_\_\_\_\_ Professional \_\_\_\_\_

Have you already had a transplant?      Yes \_\_\_\_\_      No \_\_\_\_\_

Type of Transplant(s) \_\_\_\_\_

Date of Transplant \_\_\_\_\_ Time waited (or waiting) \_\_\_\_\_

Where did you (will you) have your transplant? \_\_\_\_\_

### PARTICIPANT CATEGORIES & SUGGESTED CONTRIBUTIONS

**Regular**      (Transplant recipient, transplant candidate, family member, donor family)

**Individual Participant** \$25.00

**Family Participant** (2 members, same address) \$35.00

**Additional participants** at same address \$10.00 each

**Professional** (Surgeon, Physician, Clinical Coordinator, Nurse, Social Worker, etc.) \$25.00

**Additional optional voluntary contribution** (at your discretion) \$ \_\_\_\_\_

I would like to take an active role within TSO (please check all areas of interest):

Speaker \_\_\_\_\_      Membership Drive \_\_\_\_\_      Fund Raiser \_\_\_\_\_

Clerical \_\_\_\_\_      Contributor \_\_\_\_\_      Patient & Family Support \_\_\_\_\_

Newsletter \_\_\_\_\_      Date Processing \_\_\_\_\_      Other \_\_\_\_\_

**TSO**  
Transplant Support Organization  
1154 Webster Ave.  
New Rochelle, NY 10804

## NEXT MEETING — November 16, 2011

### **The UNOS National Patient Waiting List**

Candidates as of 10/14/2011

<b>90,076</b>	patients waiting for a kidney transplant.
<b>16,220</b>	patients waiting for a liver transplant.
<b>1,353</b>	patients waiting for a pancreas transplant.
<b>2,123</b>	patients waiting for a kidney-pancreas transplant.
<b>265</b>	patients waiting for an intestine transplant.
<b>3,156</b>	patients waiting for a heart transplant.
<b>75</b>	patients waiting for a heart-lung transplant.
<b>1,760</b>	patients waiting for a lung transplant.
<b>112,515</b>	<b>TOTAL PATIENTS</b>

**Every 12 minutes a new name is added to the waiting list.**

### **Transplant Support Organization's Mission**

*To help save lives by:*

- **Providing** education relating to organ donation and transplantation;
- **Promoting** organ and tissue donation as an important social responsibility;
- **Giving** support to transplant candidates, recipients, their families and donor families;
- **Effectively** communicating to government bodies and the general public, the concerns and needs that affect the welfare of those individuals impacted by the transplant process.